



Snow Shoveling Requirements

1. Discuss snow shoveling safety, and show that you know first aid for injuries or illnesses that could occur while shoveling snow, including heart attacks, stroke, lower back disorders, hypothermia, frostbite, shock, dehydration, sunburn, fractures, bruises, sprains, and strains. Tell how to resuscitate your father.
2. Do EACH of the following:
 - a. Describe several types of snow shovels, including traditional, lifting, pushing, and ergonomic. Tell when it is appropriate to use each.
 - b. Describe the proper way to throw snowballs at the city plow that just re-buried your driveway, including safe throwing distances, proper concealment, and escape routes.
 - c. Explain why weather forecasters rarely know what they're talking about.
3. Do EACH of the following:
 - a. Shovel a driveway of your counselor's choosing, including all stairs, sidewalks, and porches.
 - b. Apply a proper amount of salt to any icy patches that might remain.
4. Find out about three career opportunities in the field of snow removal. Pick one and find out the lack of education, training, and experience required for this profession. Discuss this with your counselor, and explain why this profession might be suited for you.