

My Rules for

Internet Safety

Intermediate

I will use the Internet responsibly. That means making smart decisions about what I look at, who I talk to, and what I say. I pledge to be safer online by following these rules:



1

I will tell my trusted adult if anything makes me feel sad, scared, or confused.

2

I will ask my trusted adult before sharing information like my name, address, and phone number.

3

I won't meet face-to-face with anyone from the Internet.

4

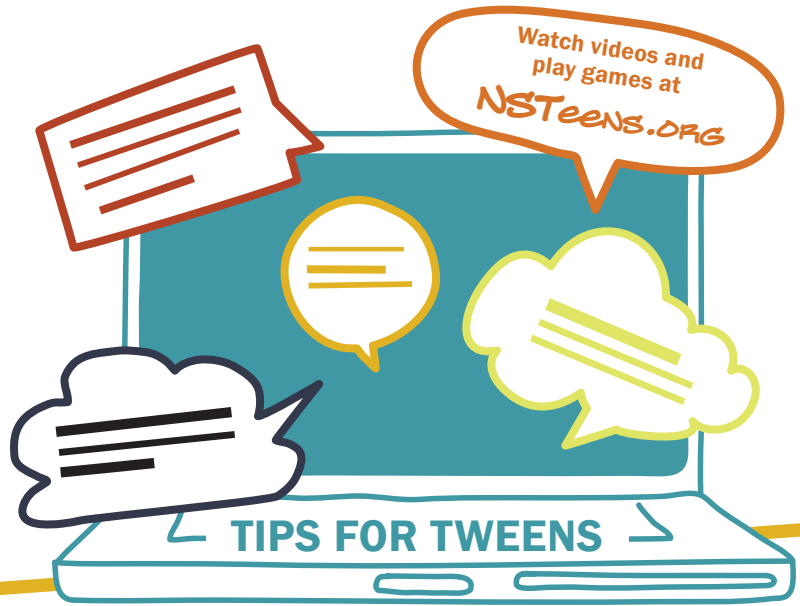
I will always use good netiquette and not be rude or mean online.



signed

signed

YOUR NETSMARTZ



CYBERBULLYING

Don't be mean.

Gossiping doesn't make you cool.

Ignore. Block. Tell.

Ignore mean or threatening messages, block the sender, and tell a trusted adult who can help you report them.

Speak up

if your friends are cyberbullying someone.

ONLINE PREDATORS

Recognize the difference between cute and creepy.

An older guy who wants to date someone much younger is just creepy.

Don't just sit there – REPORT

anyone who asks to meet you in person to the police and www.cybertipline.com.

SHARING TOO MUCH

Avoid TMI.

Don't post anything too personal or embarrassing.

Protect your space.

Use privacy settings and don't accept just anyone as a friend.

Don't be that kid

who gets suspended for posting something stupid online.

TRUSTED ADULTS

Talk to your parents or guardians

about what you're doing online. They're not as bad as you think.

INTERNET SAFETY RULES

Middle School ▪ High School

1

I WILL THINK BEFORE I POST.

I agree not to post information and images that could put me at risk, embarrass me, or damage my future, such as

- » cell & home phone numbers
- » home address
- » sexual messages
- » inappropriate pictures and videos

2

I WILL RESPECT OTHER PEOPLE ONLINE.

I will not

- » post anything rude, offensive, or threatening
- » send or forward images and information that might embarrass, hurt, or harass someone
- » take anyone's personal information and use it to damage his or her reputation

3

I WILL BE CAREFUL WHEN MEETING ONLINE FRIENDS IN PERSON.

I agree to

- » ask my parent or guardian's permission
- » have a parent or guardian accompany me
- » meet in a public place

4

I WILL PROTECT MYSELF ONLINE.

If someone makes me feel uncomfortable or if someone is rude or offensive, I will

- » not respond
- » save the evidence
- » tell my parent, guardian, or another trusted adult
- » report to the website, cell phone company, cybertipline.com, or the police

SIGNED _____

SIGNED _____